

# HARVARD PUBLIC LIBRARY

ADULT WINTER NEWSLETTER - 2025/26



## Library Hours:

Mondays 10am-8pm

Tuesdays 10am-8pm

Wednesdays 10am-5pm

Thursdays: 10am-8pm

Fridays: 10am-2pm

Saturdays: 10am-4pm

Sundays: Closed



## Cozy up this Winter

Harvard Public Library welcomes you in and away from the cold winter chill! Come get comfy with a good book, movie, or program here at the library this winter season.

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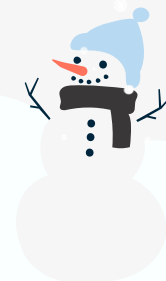
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# EVENTS



## Friends of the Library Winter Pop-up Sale

Join us November 17th - December 31st for the Friends Winter Pop-up Book Sale! The sale will be in the HPL lobby. Come find your next read or maybe a gift for a loved one this holiday season. All sales go to fund the Friends of the Library so they can help the community by providing resources such as museum passes, teen and children programs, sponsor scholarships and more!





# PROGRAMS



## Virtual Mindfulness & Meditation Workshop

Every Monday in February from 12:00–12:30pm via  
Zoom

Participants are invited to settle into a quiet, comfortable space and join mindfulness teacher Lauren from Bright Heart Coaching for a calming, mid-day meditation break each Monday in February.

These virtual Zoom sessions will be held on **February 2, 9, 16, and 23** from **12:00–12:30pm**. Attendance at all sessions is not required. Register once and attend as many sessions as you would like.

In each 30-minute class, you'll practice clearing your mind, staying present, and easing stress through simple mindfulness and meditation techniques. You'll also learn how to bring mindfulness into your daily life. Each session will introduce and guide you through a different style of meditation.

The Zoom link will be emailed to you 2 days before each session.

<https://harvardpubliclibrary.libcal.com/event/15795567>



## Coffee Cupping with Rob Fitzgibbons



Saturday February, 14  
11:00am–12:30pm  
Volunteers Hall



If you love coffee, this event is for you!

Learn all about the fascinating world of coffee from coffee enthusiast, Rob Fitzgibbon. Enjoy an informal half hour presentation, covering coffee as an agricultural commodity, how it's grown and processed, how it's been consumed throughout history and learn about roasting, aroma, taste and mouthfeel.

Rob will then lead participants in a fun interactive exercise in which they try three different coffees and document what they smell and taste using stickers and a flavor wheel.

The event concludes as participants review their shared perceptions of taste and aroma, have a Q&A session and finish the coffee.

Spaces are very limited—sign up early!

<https://harvardpubliclibrary.libcal.com/calendar/21089/>



# PROGRAMS



## Warner Free Lectures

Warner Free Lectures holds educational lecture events in Volunteers Hall here at the library.

### Upcoming Lectures:

January 23, 2026 - 7:00pm

- **Dan Boudillion and Strong Bear Medicine - Nashobah Praying Indians: A Living People, A Living Landscape**  
February 13, 2026 - 7:00pm
- **Ted Reinstein - Before Brooklyn: The Unsung Heroes Who Helped Break Baseball's Color Barrier**  
March 27, 2026 - 7:00pm
- **Bromfield Students - TBA: Two Bromfield Students Present Lectures on Topics of their Choosing**



For more information, please visit the Warner Free Lectures here: <https://www.warnerfreelecture.org>

## Harvard Friends of the Arts Concerts

The HFOA is pleased to bring to Volunteers Hall an exciting slate of professional folk, swing and blues musicians, as well as witty and moving theatrical performances staged by both professional and local performers. All shows are free of charge, though donations are welcome!

December 13, 2025 - 7:30pm

**HFOA Concert: Erin Ash Sullivan**

February 20, 2026 - 7:30pm

**James Keelaghan**

March 14, 2026 - 7:30pm

**Kerri Powers**





# BOOK CLUBS



## Harvard Woman's Club

### Literature Group



Meets the third Tuesday of every month

- January 20, 2026 - 12:30pm  
*An Unfinished Love Story* by Doris Kearns Goodwin
- February 27, 2026  
(Friday) - 12:30pm  
*The Lioness of Boston* by Emily Franklin

## Brown Bag Book Club

Meets the third Wednesday of every month

- December 17, 2025 - 12:00pm  
*Small Things Like These* by Claire Keegan  
*The Storied Life of A.J. Fikry* by Gabrielle Zevin
- January 21, 2026 - 12:00pm  
Next book will be chosen at 12/17/25 meeting
- February 18, 2026 - 12:00pm  
TBA

## Children's Lit. Book Group

Are you a grownup who loves to read children's books? You're not alone! Join this monthly book group for grownups and discuss children's literature with an awesome group of like-minded readers. See our events page for more information.

<https://www.harvardpubliclibrary.org/services/events>



## Cookbook Club



- December 8, 2025 - 6:30pm  
Australia
- January 13, 2026 - 6:30pm  
Columbia
- February 10, 2026 - 6:30pm  
World Pulses Day
- March 19, 2026 - 6:30pm  
TBD



## Monday Afternoon Movies

Join us in Volunteers Hall on the last **Monday** of the month at 1:00pm

- December 29, 2025 - *White Bird* with Ariella Glaser, Bryce Gheisar & Helen Mirren
- January 26, 2026 - *Downton Abbey: The Final Chapter*



# RESOURCES



## Board Games

We offer a variety of board games here at Harvard Public Library! Come take a look at the selection we have and check one out. Board games can be checked out for two weeks at a time.

Visit the **[HPL Catalog list of adult board games](https://harvard.cwmars.org/Record/5187225?searchId=52529002&recordIndex=1&page=1&referred=resultIndex)** to see a variety of titles. Scroll down to see the list of titles, each game's description and whether or not it is checked out.

**[https://harvard.cwmars.org/Record/5187225?  
searchId=52529002&recordIndex=1&page=1&referred=resultIndex](https://harvard.cwmars.org/Record/5187225?searchId=52529002&recordIndex=1&page=1&referred=resultIndex)**





# RESOURCES



## Research Resources

Have a question about finding a specific database? Want suggestions on what to research next? Need help with your library card or assistance getting started with the resources?

Call us at [978-456-4114](tel:978-456-4114) or email [reference@harvardpubliclibrary.org](mailto:reference@harvardpubliclibrary.org)!

We will be happy to email you or phone you back!

## Museum Passes

Harvard Public Library offers a variety of museum passes for our patrons. All Museum Passes are provided by the **Friends of the Harvard Public Library**. Some examples of the museum passes we offer are Tower Hill, Museum of Fine Arts, Ecotarium and more! Visit our Museum Passes Page here:

<https://www.harvardpubliclibrary.org/services/museum-passes>



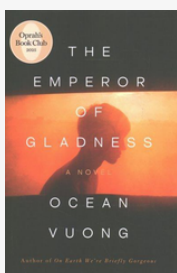




# STAFF PICKS



## Romance / Fiction



### ***The Emperor of Gladness***

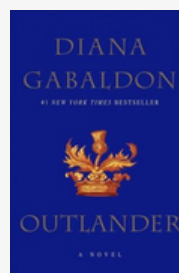
- Ocean Vuong

A powerful novel about family, friends, life and the hidden struggles we all deal with on a daily basis.



### ***My Friends*** - Fredrik Backman

An artful story about one man's ability to bring others together with his thought provoking painting.



### ***Outlander*** - Diana Gabaldon

The first in the series, *Outlander* follows a woman brought back in time where she finds love in the midst of war.

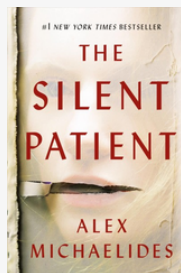
## Mystery / Thriller



### ***The Winter People***

- Jennifer McMahon

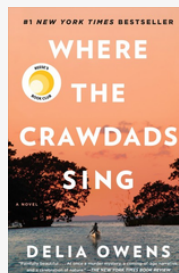
A heart racing story about a mysterious town, missing people and a young woman trying to keep history from repeating itself.



### ***The Silent Patient***

- Alex Michaelides

A fantastic thriller with a killer twist. This story follows a famous woman committed to mental hospital after shooting her husband.



### ***Where the Crawdads Sing***

- Delia Owens

A thought provoking mystery about a girl charged for murder because of her upbringing and where she lives.





# STAFF PICKS



## Fantasy / Science Fiction



### *The Midnight Library*

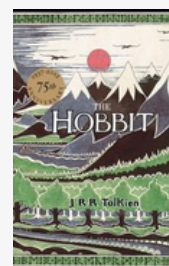
- Matt Haig

What would you do if you were able to live different versions of your life? This novel follows the story of a woman who has to choose which life to live.



### *Project Hail Mary*

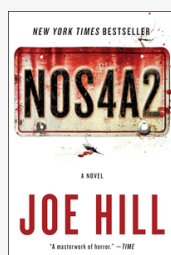
- Andy Weir  
Ryland Grace is the sole survivor on a desperate, last-chance mission - and if he fails, humanity and Earth itself will perish.



### *The Hobbit*

- J.R.R. Tolkien  
A classic novel filled with adventure, friendship, and the one ring to rule them all.

## Horror



### *NOS4A2*

- Joe Hill  
A Christmas themed horror novel involving different worlds, a troubled protagonist, and a terrifying villain..



### *The Art and Soul of Baking*

- Cindy Mushet  
The ultimate guide to baking, more than 250 easy-to-follow recipes lead you into a world of alluring aromas and light, flaky pastries.

## Cookbooks



### *Soup Swap*

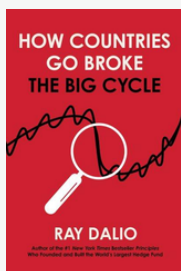
- Kathy Gunst  
Sixty recipes for soups, stews, and chowders to share and savor, from the James Beard Award winner and NPR chef.



# STAFF PICKS



## Nonfiction



### *How Countries go Broke : The Big Cycle*

- Ray Dalio

Ray Dalio, one of the greatest investors of our time, shares for the first time his detailed explanation of what he calls the "Big Debt Cycle."



### *Maybe You Should Talk to Someone*

- Lori Gottlieb

A therapist's point of view about going to therapy and how helpful it can be for anyone in need of help. A comforting read that makes you realize you're not alone.

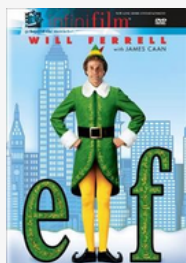


### *Wintering: The Power of Rest and Retreat in Difficult Times*

- Katherine May

An intimate, revelatory exploration of the ways we can care for and repair ourselves when life knocks us down.

## Shows / Movies



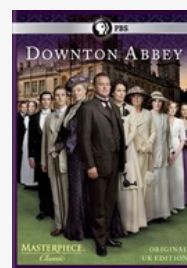
### *Elf*

A laugh-out-loud holiday comedy about a man who thinks he is an elf and his journey to find his real father in the heart of New York.



### *The Descendants*

A heartfelt movie about a man whose life changes completely after his wife's accident.



### *Downton Abbey*

Set in an Edwardian country house in 1912, *Downton Abbey* portrays the lives of the Crawley family and the servants who work for them.